



MACHINE LIST

WEIGHTS MACHINES / CARDIO MACHINE

• Abdominal Crunch



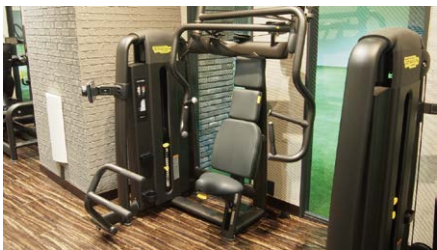
• Rotary Torso



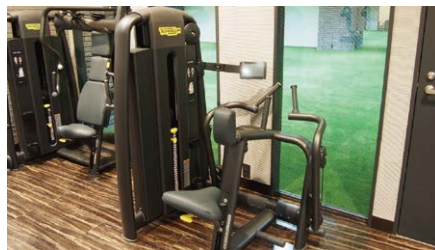
• Skill Row



• Chest Press



• Low Row



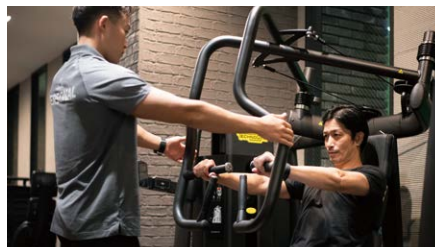
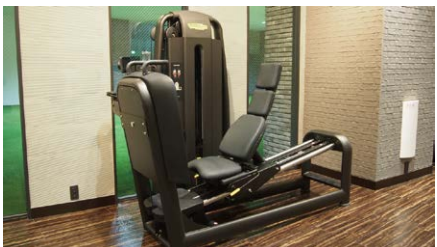
• Treadmill



• Skill Bike



• Leg Press





OTHERS

• Smith Machine



• Kinesis



• Pilates Reformer



• Power Plate



ITEM

- Exercise Ball
- Stretch Pole
- Medicine Ball



• Dumbbell



Cloud service for health management

It is a cloud platform that allows users to centrally manage their physical condition, exercise history, and exercise programs. Users can monitor their bodies by recording their exercise at the fitness center and outside the facility, and by aggregating calorie intake, heart rate, and other body composition information into this cloud.

